



**Promoting the networking of women who work in the short term insurance industry in Gauteng, South Africa.**

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## **WOMEN 2 WOMEN**

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**MEET THE NEW GWII  
Committee Members**



### **GWII past president, Annelot Schrijver, chats about life, after insurance**

Gauteng Women in Insurance (GWII) recently chatted to Annelot Schrijver, Past President (2013-2014) of the GWII, about her life after insurance.

She tells us about her newly acquired Resonance Repatterning skills, as well as her new role as career counselor, having worked 30 years in the insurance industry.

"I was able not only to have a wonderful career, but also to grow myself into a financially independent woman and give my two children a good upbringing... [Read more](#)



### **Financial words of wisdom for every woman and how to own your financial throne**

It is important to shine the spotlight on some of the difficult conversations that many women need to have in order to take ownership of their journey. One such topic is money and... [Read more](#)

### **Insights on how women invest – myth busters**

You've no doubt seen articles in the media around women and investing. Waldette Stoffberg, Business Development Manager at Glacier by Sanlam, shares her view on changes she's seen over the years. There are also quite a few myths about women and investing but fortunately we have statistics to prove they are just that - myths... [Read more](#)



### **The best networking questions to ask**

Communication experts agree that questions are a great way to build rapport and demonstrate interest in others while also gathering important information. Networking events are the perfect time to stretch your questioning skills. By asking thoughtful questions... [Read more](#)

## Heart health for women

According to the American Heart Association, “cardiovascular diseases kill 1 in 3 women, but up to 80 percent of cardiac events can be prevented.” Because women sometimes experience milder symptoms of heart disease, it can be more difficult to recognize the warning signs. Be proactive in protecting your health – learn the signs and risk factors of heart disease and heart attacks in women... [Read more](#)



## I woke up like this! Awesome overnight skincare routines you have to try

Busy mornings deprive most people of the time they need for a complete skincare routine. Nighttime regimens are great since they allow skincare products to work while you are sleeping. Here are a few nighttime routines you should try for amazing skin... [Read more](#)

## Legal talk: parental rights and responsibilities

Ever wondered what rights and responsibilities you have as a parent?

The Children’s Act 38 of 2005 provides that a parent has the following rights and responsibilities towards his/her child... a parent or any other person who has an interest in the wellbeing of a child can... [Read more](#)



## 2022 CALENDAR

In 2022, Gauteng Women in Insurance (GWII) hopes to offer our usual broad array of networking events, CPD seminars, Mix `n Mingles and Leaderwalks. Of course, such events can only be offered circumstance-permitting. See calendar [here](#)

**UPCOMING EVENTS**  
**01 January 2022 - 31 March 2022**

**Mix 'n Mingle**  
10 February

**THE SELF-LOVE  
SESSION:  
EAT, MOVE, THRIVE!**



Life is busy, we're overcommitted, we're stressed out, a little tired and somehow we're only six weeks into the new year!

And what is the first thing to plummet from the priorities list? Ourselves of course!

Ironically - the very things we neglect are in fact the antidote to not only surviving but thriving in this modern busy world.

February is the month of LOVE so we're about to inject a little self-LOVE into our daily rituals and give our 2022 lifestyle a serious UPGRADE!

Get ready to move from surviving to thriving at the Self-Love Session - as we learn how to eat and move to optimise both body and mind!

**10 FEBRUARY 2022**

**TIME: 17:00 to 18:30**

**VENUE:** One Insurance  
12 Culross Road  
Bryanston, Sandton

**ENTRANCE FEE: R50**



**ANGIE DAUBERMANN**

Health & fitness coach, entrepreneur  
& founder of the LEAN GIRL brand

*"Helping women build better bodies to live in"*



**M n M's**

MIX 'n MINGLE's brought to you by GWII

**RSVP** to [admin@gwii.co.za](mailto:admin@gwii.co.za)  
by **7 February 2022**

MAIN SPONSOR



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## LeaderWalk Event

8 March

## Continuous Professional Development (CPD) session

14 March

## Networking Event

16 March

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## GWII MEMBERSHIP

Should you wish to pay the membership fee of R385, our account details are as follows:

**Account Name:** G W I I Group NPC

**Banker:** FNB

**Account No:** 62436595691

**Account Type:** Current Account

**Branch Name:** Client Resolution Centre

**Branch Code:** 260231

Please use your name AND your cell number as a reference.

If your company is willing to pay for your membership please contact [admin@gwii.co.za](mailto:admin@gwii.co.za) for an invoice to be made out to your company.

We will need:

- Company name;
- PO Box address; and
- VAT no if there is one.

### BENEFITS OF BELONGING

- **Belong** to a dynamic, professional insurance industry association that promotes the personal and professional growth of women;
  - **Share** your knowledge and expertise with industry peers and fellow members;
  - **Participate** and build connections through networking at industry events;
  - **Cultivate** professional self-confidence and personal friendships;
  - **Learn** through speakers, workshops and articles designed to broaden your knowledge, enhance your position and meet professional needs; and
  - **Give back** to the communities that we serve through our charity initiatives at our events.
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Designed with BEE

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