



Promoting the networking of women who work in the short term insurance industry in Gauteng, South Africa.

## WOMEN 2 WOMEN

Meet the 2020 GWII President and Deputy President



**Catherine Pienaar**  
President



**Michelle-Dee Coetzee**  
Deputy President

Meet the new GWII committee members



### Staying on track in 2020

The New Year can be a great excuse to step back, plan, and get your life on track. If you follow these simple tips, you'll begin to see the fruit of your labour this year. Identify your self-limiting beliefs, make a plan to step outside your comfort zone... [Read more](#)



### With the arrival of 2020... refuel and re-energize

With the arrival of 2020 we all need a fresh perspective in order to take on the New Year. Refuel and re-energize. Tired of being tired? Looking for a way to reclaim that vitality and stamina that has seemingly waned for good? Here are 10 easy ways to re-energize... [Read more](#)

### Can osteoporosis be reversed with diet?

A 12-month study of over 1 000 people aimed to answer this question – can osteoporosis be reversed with diet? Following a Mediterranean-type diet could reduce bone loss in people with osteoporosis. This is according to a new University of East Anglia study of more than... [Read more](#)



### Legal talk: A loved one has passed on – how do you handle the legalities?

It's human nature not to want to think about death – either your own or that of a loved one, but the consequence of not preparing for this inevitable part of life can be devastating for those left behind when a family member passes away. Here are a few steps... [Read more](#)



# SAVE THE DATE

**Mix n Mingle**  
29 January

**Networking/Motivational Event**  
24 February 2020

**Leader Walk Event**  
12 March

**Continuous Professional Development (CPD) session**  
19 March

**Women in Leadership Development (WiLD) course**  
23 & 24 January Module 1  
7 February 2020 – Module 2  
21 February 2020 – Module 3  
3 March 2020 – Module 4  
24 March 2020 – Module 5  
3 April 2020 – Module 6

---

## **GWII MEMBERSHIP**

We have some really nice events on the cards including CPD sessions, mix n mingles, networking events and Leaderwalk events.

Should you wish to pay your 2020 membership fee of R385, please do so, we are now open for 2020 membership payments. Our account details are as follows:

**Account Name:** G W I I Group NPC  
**Banker:** FNB  
**Account No:** 62436595691  
**Account Type:** Current Account  
**Branch Name:** Client Resolution Centre  
**Branch Code:** 260231

Please use your name AND your cell number as a reference

If your company is willing to pay for your membership, please contact [admin@gwii.co.za](mailto:admin@gwii.co.za) for an invoice to be made out to your company.

